
PART I: CALL TO ALLIES

READ. WATCH. LISTEN.

3. LISTEN

FAMILY ACTIVITIES

If you've done some watching and reading, perhaps you want to have more conversations with your children about race. This is a wonderful opportunity for you to engage and listen to your children as you help them navigate a really complex issue.

Engage in conversation with your family about race. Here is a HUGE resource of information to help you get started or guide you in furthering the discussion.

Listen to this podcast made for children that talks about racism and the protests.

Learn about a variety of topics including history, family, and education by listening to one or more of these podcast episodes.

ADULT ACTIVITIES:

Learn how to talk about race with children by listening to this 20-minute Sesame Street podcast.

Learn about the 1619 Project launched in August, 2019, on the 400th anniversary of slavery in the US. This Pulitzer Prize winning project features poetry, short fiction, photos and a free seven-part audio series that seeks to educate us on how slavery has impacted life in the US today.

Grow in understanding from some of the most well-known BIPOC podcasters.

Celebrate talent and art while enjoying music from Portland's only all-Black music station 96.7FM streaming here.

Listen to some of the books recommended from Day 1 while commuting, doing the dishes or going for a run.
